Test the Watters 5K & 10K Trail Run





Benefitting United Way of Harrison County

NOTE: We will be updating this page as the race approaches, so please check back.

(Revision Date: 8 Oct 17)

Race Date: October 21, 2017. Race starts at 8:30 am.

Registration: Online registration - www.unitedwayhcwv.org (under the "Events" menu). You may register

morning of race. 5K - \$20, 10K - \$30.

Location: Watters Smith Memorial State Park, Lost Creek, WV. This beautiful, well-maintained park is one of the region's best kept secrets! In additional to many miles of hiking/mountain biking trails, the site boasts historic farm structures, picnic areas, playgrounds and miles of trails. When you arrive at the park you will see sign directing you to the correct entrance. Packet pickup and registration will open at 7:00 am and will be held at the main pavilion. The start/finish is across the parking lot from the registration site. To reduce congestion the 10K will start a few minutes after the 5K.

Course Description: The 5K course is the same as 2016, and the 10K course will be a shortened version of the 2016 10-mile course (the section across the road has been removed). The 10K follows the 5K course until around mile 2.5 mile where it splits off. The shaded trails are mostly rolling, winding single track with a few sections of four-wheeler paths and low-cut grass along a field edge. The trails are very well maintained by park staff. Both courses are well suited for both beginner and experienced trail runners. There are a few short climbs that make this a challenging but satisfying race! 10/8 update: The course will be well marked with flags, signs, and yellow barrier tape ("do not cross"). We've removed a small section of the 10K course where it first separates from the 5K course. An updated course map is on the United Way's event website.

Aid Stations: There are two aid stations on 5K course with water and Powerade. The 10K course will have two additional aid stations with water and Powerade, one staffed and one unstaffed.

Test The Watters Kids K! By popular demand we've added a short, safe trail run for both kids and moms carrying kids. Kids K online registration is on the same site - www.unitedwayhcwv.org (under the "Events" menu). Sameday registration is also available. Registration fee for the Kids K is \$10.

Awards: We've expanded awards this year! Customized, attractive plaques will be awarded as follows:

5K & 10K Overall Winners – both male and female

5K & 10K First and Second Place Age Group Finishers – both male and female

Age Groups: 0-19, 20-29, 30-39, 40-49, 50-59, 60+

Additionally, we have a pile of nice gifts generously donated by **Mountain Khakis** and **McFly Outdoors** for top finishers in both races.





Amenities: Long-sleeve cotton race shirts are guaranteed for those registering online before October 11. Shirts will be available to registered runners on race day on a first come, first serve basis.

Facilities: There are male and female restrooms in the pavilion, as well as porta-potties.

Contact info: if you have specific questions feel free to email Race Director Tom Rhine tom.rhine1@outlook.com.