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United Way of Harrison Co.

GIVE, ADVOCATE, VOLUNTEER.

LIVE UNITED



NEWS FROM YOUR LOCAL UNITED WAY

Happy New Year!

HEALTHY HARRISON COUNTY KIDS



Pedometer Day with Project ISAAC

This year, for the first time, the United Way, through their Community Impact Healthy Harrison County initiative, is providing fitness and nutrition "fun" for forty children at West Milford Elementary School. Healthy Harrison County (HHC) is partnering with the school's Project ISAAC afterschool program every Wednesday to bring programs offered by community partners to educate the children on healthy living skills. The children have had the opportunity to see the "Kids on the Block" fitness and nutrition puppet show; learn about being a runner from one of their own teachers, Danielle Fenstermacher; learn nutrition information from the Dietary Management interns from Pierpont Community and Technical College and witness a mountain climbing experience hosted by two local mountain climbers, Ben Hardesty and Bob Steptoe.

The children were all given their own pedometer at the beginning of the school year and were encouraged to wear them every day so that they could be aware of just how much they are "moving". The program is designed to give



THANK YOU!

The United Way and its agencies would like to thank everyone who came to the "Gift Wrap" Booth at Meadowbrook Mall during the holiday shopping season. Thanks to the generosity of our community, the "Gift Wrap" Booth raised \$9,119.89.

Thank you to all of the volunteers

the children a "virtual walking tour" of West Virginia. Plans are being made to get Project Isaac's participants entered in a 2-3 mile race in the spring so they can continue to experience one of the many rewards of being fit and active.

Many exciting programs are planned in the New Year that will include kayaking; martial arts and a fair in March that will provide activities and information for the children and their entire family. It is the goal of Healthy Harrison County to place positive role models in the lives of these children to show them that there is an abundance of exciting experiences for them as they grow into active, healthy teens and adults.

We at the United Way are grateful to the Project ISAAC staff and the many community partners that give of their time and talents to provide positive experiences to these forty awesome third, fourth and fifth graders at West Milford.

For more information about United Way's Healthy Harrison County program log onto the website at [www.unitedwayhcvv.org](http://www.unitedwayhcvv.org).



Learning about running with Danielle Fenstermacher

from the community and our agencies that came and wrapped gifts; to Frank Sullivan at J.C. Penney who generously donated boxes; and to everyone who donated paper, ribbon, boxes and tape and to Marcello Lalama and Meadowbrook Mall for all they do for us during this time of year.

We could not do this every year without the support of our community. Thank you!

## AGENCY HIGHLIGHT

Every month throughout 2012 we will be highlighting one of our 24 agencies and their news and upcoming events. This month we want to introduce Big Brothers Big Sisters and tell you about a volunteer initiative they will be starting on January 9th.



**\*100 BIGS in 100 DAYS CHALLENGE\***

Official Kick Off January 9, 2012 & runs through April 17, 2012

Recruiting challenge for Volunteers in Monongalia, Marion, & Harrison Counties.

Join us as we canvas the public to increase awareness about the dramatic outcomes that local Little Brothers and Little Sisters experience. We challenge 100 community members to step forward and volunteer their time to mentor a child.

**\*\*Volunteer opportunities\*\***

\*Community based in Harrison, Marion & Monongalia Counties

\*School Based- Monongalia & Marion Counties

\*Lunch Buddies- Harrison



Kids on the Block at Project ISAAC



Buffalo Wild Wings will be hosting Dine-Out with the United Way on Thursday, January 12 from 5 p.m. to 8 p.m..

On February 5, **Super Bowl Sunday**, Buffalo Wild Wings will host an all day United Way dine-out event.

Buffalo Wild Wings donates 15% of all proceeds, dine-in and take-out during the United Way's Dine-Out events. To date BW3 has donated \$8,197.73 to the United Way.

Come out and join us for good food and fun January 12 and February 5.



County

##Grand Prize##

iPad2

\*All chances will be put in a drawing & selected randomly.

The more recruits = more chances to WIN!

\*\*Qualified Recruit= Recruit completes the application and interview

For More Information Contact

Us At: 1-888-KIDS-050

or

304-983-2823



Mike Spatafore, Big Brother in Harrison County with his Little Brother, Chandler B.

## Ham & Bean Luncheon To Benefit United Way

On Friday, January 20, the YWCA of Harrison County will sponsor a



When you purchase a Kroger Care Card through the United Way, United Way receives 5% of every dollar loaded on the card. Win-Win! Your Kroger Cares Card, for an initial purchase of \$5, will start with an account balance of \$5 and can be used to purchase groceries and gasoline at any Kroger store.

To support the United Way of Harrison County on an ongoing basis, reload money onto your card and then use your card each time you buy groceries at Kroger. Kroger will donate 5% of dollars reloaded on the card. The card can be used over and over again for an indefinite period of time. You can reload your card at Customer Service before you begin shopping. You may pay for the reload with cash, check, debit card, or credit card.

When paying for your groceries or gas with your Kroger Cares Card, you can use your Kroger Plus Card to get Kroger specials. There is no extra cost to you and you'll have the satisfaction of knowing that you are helping to support United Way of Harrison County every time you reload your card. For more information about Kroger Cares, call the United Way office at 304-624-6337.

Ham & Bean luncheon from noon until 1:30 p.m. to benefit the United Way. Tickets are \$5 and can be purchased in advance or at the door. Take outs will also be available. Come in out of the cold and enjoy food, friendship and help United Way close the gap. For more information or to make a reservation call 304-624-6881.

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